CHINOOK MEDICAL CENTRE

Dr. Srini Narasimhalu, MD, FRCPC

General Internal Medicine | Referrals from physicians and NPs

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INTERNAL MEDICINE REFERRAL

Check the relevant condition(s) below

Patient name _____ **DOB** _____ **PHN** _____

Phone _____ **Address** _____

REASON FOR REFERRAL (select all that apply; more than one is fine)

1 Cardiovascular
- ☐ Chest pain / palpitations
- ☐ Abnormal ECG / echo
- ☐ Resistant hypertension
- ☐ Heart failure / dyspnoea

2 Respiratory
- ☐ Chronic cough
- ☐ Breathlessness / wheeze
- ☐ Abnormal chest X-ray / nodule
- ☐ Recurrent infection / difficult asthma/COPD

3 Haematology / Blood Counts
- ☐ Anaemia
- ☐ Low or high WBC / platelets
- ☐ Abnormal blood film / ferritin
- ☐ Elevated ESR/CRP / lymphadenopathy

4 Endocrine / Metabolic
- ☐ Diabetes / hypoglycaemia
- ☐ Thyroid dysfunction
- ☐ Abnormal calcium / sodium / potassium
- ☐ Osteoporosis / weight change

5 Renal
- ☐ Elevated creatinine / reduced eGFR
- ☐ Proteinuria / haematuria
- ☐ Recurrent kidney stones
- ☐ Electrolyte disturbance / recurrent AKI

6 Gastrointestinal / Liver
- ☐ Chronic abdominal pain
- ☐ Persistent diarrhoea / constipation
- ☐ Abnormal liver enzymes / fatty liver
- ☐ Iron deficiency / abnormal imaging

7 Neurological / Cognitive
- ☐ Memory or cognitive decline
- ☐ Dizziness / syncope / falls
- ☐ Neuropathy (numbness/tingling)
- ☐ Tremor / weakness / gait instability

8 Rheumatology / Autoimmune
- ☐ Joint pain or swelling
- ☐ Raynaud's phenomenon
- ☐ Positive autoimmune markers
- ☐ Elevated CK / suspected connective tissue disease

9 Infectious / Inflammatory
- ☐ Persistent fever / night sweats
- ☐ Recurrent infections
- ☐ Raised inflammatory markers (ESR/CRP)
- ☐ Unexplained weight loss / lymphadenopathy

10 General / Unexplained Symptoms
- ☐ Persistent fatigue / weakness
- ☐ Unexplained weight loss / reduced appetite
- ☐ Recurrent dizziness
- ☐ Unexplained dyspnoea / multisystem symptoms

11 Medication / Chronic Disease Review
- ☐ Polypharmacy / adverse drug effects
- ☐ Difficult-to-control hypertension or diabetes
- ☐ Statin intolerance
- ☐ Anticoagulation / chronic disease optimization

12 Women's Health
- ☐ Unexplained anaemia
- ☐ Thyroid disorders
- ☐ Osteoporosis
- ☐ Hypertension or diabetes after pregnancy

13 Abnormal Investigations
- ☐ Abnormal CBC
- ☐ Abnormal renal / liver function
- ☐ Abnormal thyroid / electrolytes
- ☐ Abnormal imaging (X-ray, ultrasound, CT or MRI)

14 Other Issues
- ☐ Other (add detail in notes below)

Extra notes (optional) _____

Referring physician / NP _____ **Date** _____

Clinic / fax _____ **Signature** _____

Please attach relevant CPP, medication list and recent investigations as appropriate.

NOT FOR EMERGENCIES. Urgent concerns: phone the clinic to discuss; emergencies: ED / 911.

Fax 403-384-9798